

A woman with long dark hair, wearing a white bathrobe and light-colored slippers, is walking in a spa room. The room features a large, abstract mural in shades of orange and beige on the wall. A white reception desk is visible in the foreground on the right. The overall atmosphere is serene and relaxing.

# SPA MENU

Come back to yourself



# BODHI

WELLNESS | SPA | RETREAT



## ABOUT BODHI

Bodhi is a Sanskrit word for awakening.  
At BODHI we seek to reawaken skin, mind, body and soul.

We are dedicated to refined, natural beauty and wellness; our mission is to deliver skin health and radiance, and a deep sense of wellbeing, in beautiful and tranquil environs.

BODHI spa rituals embrace the whole being, rather than merely the skin, and are delivered by our skilled team of expert therapists, with love and intention.

Offering a range of holistic spa therapies, many inspired by ancient indigenous healing, we have carefully selected an exclusive edit of Australian botanical products, that offer results-driven high-performance skin care and wellness solutions.

Whilst in our care, our guests are our world.



## FACIALS

### VITAMIN BOOST FACIAL | 70 MIN | \$165 **P**

Amplify your skin's luminosity with an intensive boost of multi-tasking vitamins and potent antioxidants. Tailored to your unique skin type, this balancing Mukti facial supports skin function leaving your skin clear, restored, hydrated and radiant.

### HYDRATE RENEWAL FACIAL | 60 MIN | \$170 **P I**

This illuminating and hydrating Sodashi facial deeply nourishes and revitalises on a cellular level for skin radiance. With aromatic facial compresses and extended facial massage, it is tailored to your exact skin's needs to hydrate, firm, revitalise and renew.

### HYDRO MICRODERMABRASION FACIAL | 60 MIN | \$185 **P I**

The skin-perfector. A high performance facial to gently erase surface skin layers, for visibly brighter and smoother skin. Using water to mechanically exfoliate and purify, it invigorates collagen and elastin production. The perfect remedy for congestion, acne scarring and pigmentation.

### AGE-DEFIANCE FACIAL | 90 MIN | \$210 **P**

A dynamic high performance Mukti facial fortified with antioxidants, vitamins, peptides and bioactive native Australian extracts. Ultra-restorative, it boosts collagen and elastin production whilst moisturising, soothing and hydrating the skin. Restores skin luminosity and helps to minimise pigmentation, fine lines and wrinkles. With your choice of Jade Gua Sha massage or micro-dermal rolling.

### THERMAL LUMINOSITY FACIAL | 90 MIN | \$235 **P I**

Reclaim youthful elasticity and a luminous skin tone with an intensive boost of vitamins and minerals. Customised to your exact skin's needs, this luxury facial activates the skin's natural renewal cycle. A nurturing thermal mask infuses layers of Sodashi's antioxidant-rich formulations deeply into the skin; the result is healing nourishment that plumps, firms, smooths and protects.

### ROSE QUARTZ AGE-CONTROL FACIAL | 105 MIN | \$285 **P I**

Turn back the hands of time with this intensely hydrating facial to diminish fine lines, reduce pigmentation, refine pores and restore a youthful glow. A Rose Quartz Crystal facial massage coupled with Ayurvedic techniques melt away tension and reawaken the skin's natural healing energies, whilst layers of bioactive Samadara formulations work to leave skin clear, luminous, more lifted and firmed.

**P** Pregnancy safe.

**I** Available at BODHI Injidup.

BODHI Value Package | Purchase six and receive seventh treatment free. Conditions apply.

## MASSAGE

### **BODHI HEAD MASSAGE** | 60 MIN | \$150 **P** **I**

Alleviate fatigue and relieve tension with this nurturing head massage. Using ancient healing techniques and pressure points it melts away stress, balances the upper chakras and brings about a profound sense of wellbeing. A luxurious Sodashi scalp mud then deeply nourishes and conditions hair and scalp, leaving hair silky and shiny.

### **BODHI RELAX MASSAGE** | 60 MIN - \$150 | 90 MIN - \$205 **I**

Deeply relaxing, this luxurious Swedish-style massage uses soothing essential oil blends to calm the nervous system, melt away tension and restore inner balance.

### **BODHI TENSION RELEASE MASSAGE** | 60 MIN - \$165 | 90 MIN - \$220 **I**

A therapeutic holistic massage that is intense and invigorating, it melts away deep-seated tension and fatigue. In combination with strengthening essential oils, it traces discomfort back to original cause, to address and alleviate symptoms.

### **WARM BAMBOO MASSAGE** | 60 MIN - \$170 | 90 MIN - \$225 **I**

Nurturing for mind and body, this unique massage uses warm bamboo rods to knead out knots, soothe aching muscles and melt away tension. It alleviates fatigue, soothes the senses and boosts circulation to aid detoxification, leaving you deeply calm yet energised.

### **MARTA KODO MASSAGE** | 90 MIN | \$225 **I**

A rhythmic body massage inspired by traditional Australian indigenous techniques to balance and re-align energy flow and boost wellbeing. Stimulating Kodo pressure points and spiralling movements ground, uplift and calm the senses. This blissful therapy works to relieve muscular tension and fatigue while energising mind and body.

### **MARTA KODO WITH ROCKS** | 90 MIN | \$245 **I**

### **MARMA KODO FOR PREGNANCY** | 70 MIN | \$170 **P** **I**

### **LYMPHATIC DRAINAGE MASSAGE** | 90 MIN | \$235

Light, rhythmic, circular strokes are used to promote the flow of lymph throughout your body and balance the body's energy meridians. This deeply relaxing massage provides relief from fluid retention, stimulates circulation and detoxification, and provides overall support to the immune system.

**P** Pregnancy safe.

**I** Available at BODHI Injidup.





## BODY THERAPIES

### **BODHI SALT SCRUB | 60 MIN | \$165**

Invigorate the body and alleviate fatigue with this full body exfoliation ritual. Aromatic oils are massaged into the skin followed by a revitalising mineral-rich Himalayan salt scrub. A warm shower, followed by a hydrating application of body lotion softens skin for visible tone and radiance.

### **VANILLA BLISS SCRUB | 60 MIN | \$165** **P** **I**

Rejuvenate skin tone and soothe the senses with this full body Sodashi exfoliation. Warm botanical oils are massaged into the skin followed by a vanilla and sandalwood exfoliant to buff away dry skin and melt away tension. A warm shower followed by a hydrating application of antioxidant-rich vanilla body cream deeply nourishes to leave skin glowing. Safe for mothers-to-be.

### **DETOX BODY BRUSH & WRAP | 75 MIN | \$190**

Invigorate and purify with this Sodashi ritual that relieves sluggishness and revitalises skin texture. A circulation boosting full body exfoliation with a dry body brush is followed by a nurturing body mask to flush out unwanted toxins, for complete relaxation. After a refreshing shower, a hydrating application of luxurious lotion leaves skin toned and lustrous.

### **CONTOUR BODY WRAP | 90 MIN | \$235** **I**

A lymphatic boosting full-body salt scrub is followed by a warm marine mineral-rich clay mask to nurture and flush the body of accumulated toxins, whilst you enjoy a soothing scalp massage for complete relaxation. After a refreshing shower, a hydrating application of luxurious body lotion, leaves skin toned, contoured and lustrous.

**P** Pregnancy safe.

**I** Available at BODHI Injidup.

BODHI Value Package | Purchase six and receive seventh treatment free. Conditions apply.

## BODHI MAN

### **BODHI MAN FACIAL + BACK SCRUB** | 60 MIN | \$170 ⓘ

Firm, thorough and results driven, this multi-tasking no-nonsense facial and back scrub is crafted to treat male skin concerns. Customised to your specific skin type to deliver optimal results, it starts with an invigorating Himalayan salt back scrub to exfoliate and melt away stress and tension. A tailored facial then follows with double cleanse, exfoliation and extended facial massage with vitamin-rich oils, leaving skin brighter, hydrated, firmed and revitalised.

### **BODHI MAN ESCAPE: FACE + BODY** | ALLOW 2 HOURS | \$310 ⓘ

#### **Tension Release Massage + Facial + Back Scrub.**

Revitalise and alleviate fatigue with this ritual for face and body. A journey of complete relaxation, a Bodhi Tension Release Massage melts away deep-seated tension, followed by a vitamin-rich facial and back scrub to deeply hydrate and nourish the skin for a visibly brighter, smoother complexion.

### **BODHI MAN RENEW: BODY** | ALLOW 2 HOURS AND 15 MIN | \$340

#### **Steam/Infra-Red Sauna + Full Body Scrub + Tension Release Massage.**

This journey of complete relaxation starts with a detoxifying steam or infra-red sauna. A Bodhi Salt Scrub follows to energise and invigorate, followed by a Bodhi Tension Release Massage with warm nourishing botanical oils to melt away stress, fatigue and deep-seated tension.

Please note, not all of our locations have steam, sauna, spas and baths. Please ask when booking.

### **BODHI MAN MANICURE** | 30 MIN | \$70

### **BODHI MAN PEDICURE** | 60 MIN | \$100

### **BODHI MAN WAXING**

|                       |      |                  |      |
|-----------------------|------|------------------|------|
| Neck                  | \$20 | Full Leg         | \$80 |
| Eyebrow Wax and Shape | \$35 | Chest            | \$50 |
| Nose & Ears           | \$35 | Back             | \$60 |
| Arms                  | \$60 | Back & Shoulders | \$75 |
| Shoulders             | \$40 |                  |      |

ⓘ Available at BODHI Injidup.



## WELLNESS

### **INFRA-RED SAUNA | 30 MIN | SOLO \$50 | FOR TWO \$75**

Deep core warmth is activated at a cellular level to induce sweating, skin rejuvenation, detoxification, muscular recovery and reduce inflammation. Using naturally occurring infrared rays, it detoxifies the body of accumulated toxins and heavy metals. Improves skin tone and helps to treat cellulite whilst deeply relaxing mind and body.

### **STEAM ROOM | 30 MIN | SOLO \$50 | FOR TWO \$75**

Boost circulation, hydrate skin and flush out toxins with a relaxing and detoxifying steam. A steam can be enjoyed alone or as a prelude to facials, scrubs, wraps or massage.

### **HYDROTHERAPY SPA | 30 MIN | SOLO \$50 | FOR TWO \$75**

Relieve fatigue and muscular tension with a stimulating underwater hydrotherapy massage system.

### **BATH | 30 MIN | SOLO \$50 | FOR TWO \$75** P

Melt away stress, tension and fatigue with a soothing bath with aroma-therapeutic essential oils.

### **BODHI REIKI | 30 MIN | \$90** P

A holistic and nurturing therapy, Reiki boosts 'life force energy' to balance mind, body, spirit and emotions. Removing old blockages and stagnant energy, it allows energy to flow smoothly and in harmony, to energise, revitalise and deeply relax the whole being.

P Pregnancy safe.

## WELLNESS

### **BODHI REFLEXOLOGY | 60 MIN | \$165**

Reflexology helps induce deep relaxation and boost energy levels. By understanding how the body's organs respond to gentle pressure to reflex points on the feet, our therapists stimulate the body's natural healing abilities. This is an especially nurturing treatment to alleviate stress and fatigue.

### **BODHI CHAKRA BALANCE | 90 MIN | \$235** P

Deeply meditative, this unique energy therapy brings balance and harmony to the body's main chakra system for a profound sense of wellbeing. A fluid combination of massage, Sodashi chakra aromatherapy blends, reiki and crystal placement, it works subtly on the energetic body, leaving you feeling grounded and calm, yet invigorated.

### **SOUND HEALING | 60 MIN | SOLO \$200 | FOR TWO \$275** P

Boost wellbeing and energy levels with the ancient healing sounds of the didgeridoo and crystal singing bowls. Sound vibrations travel through the body to promote circulation, energy flow and rejuvenation. Allow yourself to be guided into a deep state of relaxation, to melt away stress and fatigue, and calm and invigorate mind and body.

Booked by appointment at Highgate only.

### **PRIVATE YOGA | 60 MIN | SOLO \$140 | POA FOR GROUPS** P

Wellness offering not available at BODHI Injidup. Please note, not all of our locations have steam, sauna, spas and baths. Please ask when booking.

## ADD ON TREATMENTS

### **INSTANT GLOW FACIAL | 30 MIN | \$95** **P** **I**

Customised to your skin type and concerns, this express Sodashi facial delivers instant glow. Designed to cleanse, exfoliate and nourish, it leaves skin radiant, brighter and hydrated.

### **LightStim LED THERAPY | ADD ON 20 MIN | \$80 | STAND-ALONE 30 MIN | \$100**

Advanced LED skin care therapy to boost skin health and radiance, and improve tone and texture. Increases collagen and elastin production, and blood circulation. Reduces inflammation and accelerates healing to help reduce pigmentation. Promotes bright, dewy, radiant skin. Add-on to your favourite BODHI Facial, or enjoy a stand-alone treatment. Available at BODHI Highgate and Cottesloe.

### **GUA SHA FACIAL MASSAGE | 20 MIN | \$50** **P**

An ancient Chinese purification technique, gentle gliding pressure with the Gua Sha stimulates lymph nodes to reduce fluid retention and detoxify for clearer more radiant skin.

### **EXTRACTIONS | 20 MIN | \$40** **P**

### **BACK MASSAGE | 30 MIN | \$90** **I**

An anti-fatigue express back massage to help relieve stress and tension, leaving mind and body relaxed and rejuvenated.

### **SCALP MASSAGE & HAIR TREATMENT | 30 MIN | \$95** **P** **I**

Alleviate fatigue and relieve tension with this nurturing ritual. Using ancient healing techniques and pressure points it melts away stress for a profound sense of wellbeing. A luxurious Sodashi scalp mud then deeply nourishes and conditions hair and scalp, leaving hair silky and shiny.

### **MINT FOOT THERAPY | 30 MIN | \$85** **P** **I**

Soothe and revitalise tired feet with a Himalayan salt exfoliation, followed by a foot and lower leg massage with Sodashi's hydrating arnica and peppermint foot lotion to stimulate circulation, for complete relaxation.

**P** Pregnancy safe.

**I** Available at BODHI Injidup.

Add-Ons are not available as stand-alone treatments, and must be booked with services of 30mins or more.

The 30mins LightStim LED Therapy is an exception, and can be booked as a stand-alone treatment.







## SPA JOURNEYS

### **BODHI RESTORE** | ALLOW 90 MIN | SOLO \$185 | FOR TWO \$340 **I**

Indulge in a glass of champagne, fresh fruit and chocolate as you unwind in a spa, bath, steam room or sauna, followed by a luxurious Bodhi Relax Massage with aromatic botanical oils to melt away tension and restore inner calm.

Please note solo BODHI Restore is not available at BODHI Injidup.

### **BODHI PREGNANCY NURTURE** | ALLOW 100 MIN | SOLO \$255 | FOR TWO \$490 **P I**

#### **Marma Kodo Pregnancy Massage + Instant Glow Facial.**

A luxurious and nurturing ritual for expectant mothers. Enjoy a full body Marma Kodo Pregnancy Massage, followed by a brightening vitamin-rich Sodashi Instant Glow Facial for skin radiance.

### **BODHI PREGNANCY RETREAT** | ALLOW 2 HOURS AND 30 MIN | SOLO \$360 | FOR TWO \$700 **P I**

#### **Marma Kodo Pregnancy Massage + Instant Glow Facial + Mint Foot Therapy + File and Polish.**

A ritual for mums-to-be. Enjoy a full body Marma Kodo Pregnancy Massage to calm, soothe and relieve aches and pains, followed by a brightening vitamin-rich Sodashi Instant Glow Facial for skin radiance. Complete your ritual with a Mint Foot Therapy, followed by a file and polish.

### **BODHI OUD RENEWAL** | ALLOW 2 HOURS | SOLO \$340 | FOR TWO \$660 **I**

#### **Acupressure Body Massage + Oud Luxe Renewal Facial.**

This holistic, opulent body and facial treatment delivers incredible skin radiance whilst it melts away stress, tension and fatigue. Deeply calming, an acupressure full-body massage with exotic Oud soothes the nervous system and releases emotional blockages, invoking a deep sense of strength and peace. An Oud Luxe Renewal Facial, tailored to your exact skin's needs, deeply nourishes and revitalises on a cellular level for a glowing healthy complexion.

### **BODHI ESCAPE** | ALLOW 2 HOURS AND 30 MIN | SOLO \$375 | FOR TWO \$730 **I**

#### **Bodhi Relax Massage + Hydrate Renewal Facial + Scalp Massage and Treatment.**

This luxurious ritual begins with a Bodhi Relax Massage with calming aromatherapy oils, followed by a brightening Sodashi Hydrate Renewal Facial for skin radiance. A soothing scalp massage and mud mask follow, to nourish and condition hair and scalp.

**P** Pregnancy safe.

**I** Available at BODHI Injidup.

Please note, not all of our locations have steam, sauna, spas and baths. Please ask when booking.

## SPA JOURNEYS

### **MALA MAYI REJUVENATION | ALLOW 2 HOURS AND 30 MIN | SOLO \$380 | FOR TWO \$740**

**Full-body Exfoliation + Mineral Body Wrap + Scalp Massage + Marta Kodo Massage.**

Unwind and renew with this sensory body ritual. After an invigorating exfoliation with botanical oils and Australian salts, you will be cocooned in a silky layer of warm mineral-rich Mapi body mud. An Aboriginal inspired scalp massage allows you to drift away, followed by a grounding rhythmic Kodo full body massage to complete this holistic wellbeing experience.

### **BODHI ENERGISE RETREAT | ALLOW 3 HOURS AND 30 MIN | SOLO \$530 | FOR TWO \$1,040**

**Full-body Exfoliation + Lymphatic Drainage Massage + Hydrate Renewal Facial.**

Invigorate the whole being with this luxurious ritual. An energising citrus and Himalayan salt scrub softens and tones skin, followed by a detoxifying Lymphatic Drainage Massage with warm botanical oils to melt away stress, fatigue and tension. A Hydrate Renewal Facial is then tailored to your skin to deeply hydrate and nourish for ultimate skin radiance.

### **THE DREAMING RITUAL | ALLOW 4 HOURS AND 30 MIN | SOLO \$595 | FOR TWO \$1,170**

**A collection of six nurturing therapies to revitalise the whole being.**

This blissful journey inspired by Aboriginal healing reconnects body, mind and spirit. An extraordinarily restorative ritual, it combines six holistic treatments to revitalise from head to toe; Miji Jina Foot Therapy, Mala Mayi Body Wrap, Kodo Body Massage, Paudi Head Massage, Miri Facial and Miji Polama Hand. Your soul is left refreshed and smiling with delight from the inside out.

### **BODHI ULTIMATE RETREAT | ALLOW 5 HOURS | SOLO \$610 | FOR TWO \$1,190**

**Steam/Bath/Spa/Infra-Red Sauna + Bodhi Relax Massage + Hydrate Renewal Facial + Manicure + Deluxe Pedicure.**

Begin this decadent wellbeing ritual with a steam, infra-red sauna, bath or spa followed by a luxurious full body Bodhi Relax Massage with warm aromatic botanical oils. A luxurious Hydrate Renewal Facial is then tailored to your skin, to deeply hydrate and nourish for complete skin radiance. A nurturing manicure and deluxe pedicure will complete this journey of complete relaxation and wellbeing.

Make a whole day of it and add a lunch or brunch to enjoy during your retreat. Available on request at BODHI Westin and Highgate.



## BEAUTY THERAPY

### BODHI SPA MANICURE | 60 MIN | \$100 **P**

A blissful aromatherapy soak and gentle hand exfoliation is followed by a hydrating Australian clay mask. A nurturing massage with a vitamin-rich botanical lotion leaves hands and nails conditioned, strengthened and soft. The final touch is your choice of polish, for long lasting lustre.

### BODHI SPA PEDICURE | 60 MIN | \$100 **P**

A blissful aromatherapy foot spa to melt away tension whilst feet are gently exfoliated with ground pumice, filed and buffed. A cuticle treatment and hydrating Australian clay mask follows, to soften and condition feet and nails. To finish, a leg and foot massage with a peppermint and arnica lotion will revitalise. The final touch is your choice of polish.

### DELUXE SPA MANICURE | ALLOW 90 MIN | \$150 **P**

A blissful aromatherapy soak is followed by meticulous cuticle and nail work. A natural sugar scrub exfoliates and softens, followed by a warm compress with organic olive oil and lemon balm to strengthen and condition hands and nails. Whilst the balm works its magic, enjoy a blissful foot and calf massage with nurturing botanical oils. The final touch is your choice of polish.

### DELUXE SPA PEDICURE | ALLOW 90 MIN | \$150 **P**

A soothing aromatherapy foot soak is followed by precision cuticle, nail and foot work. A natural sugar scrub exfoliates and softens, followed by a warm compress treatment with organic olive oil and lemon balm to strengthen and condition skin and toenails. Whilst the balm nourishes deeply, enjoy a blissful hand and arm massage with aromatic botanical oils. The final touch is your choice of polish.

**P** Pregnancy safe.

Please note, as a natural spa we are unable to remove existing Shellac or SNS polish. Please remove prior to your manicure or pedicure appointment.

## BEAUTY THERAPY

### WAXING

|                               |      |
|-------------------------------|------|
| Eyebrow Tidy (20 min)         | \$25 |
| Eyebrow Shape (30 min)        | \$45 |
| Eyebrow Shape & Tint (40 min) | \$65 |
| Chin                          | \$25 |
| Lip                           | \$25 |
| Sides of Face                 | \$30 |
| Eyebrow Tidy, Lip & Chin      | \$60 |
| Lower Back                    | \$30 |
| Underarm                      | \$30 |
| Half Arm                      | \$40 |
| Full Arm                      | \$60 |
| Lower Leg                     | \$50 |
| Upper Leg                     | \$60 |
| 3/4 Leg                       | \$65 |
| Full Leg                      | \$75 |
| Bikini                        | \$40 |
| G-String                      | \$55 |
| Brazilian                     | \$75 |

### TINTING

|  |      |
|--|------|
| Eyebrow  | \$25 |
| Eyelash  | \$35 |
| Eyelash & Brow                                     | \$50 |
| Henna Tint, Brow Wax & Hand/Scalp Massage (60 min) | \$80 |
| Henna Tint & Hand/Scalp Massage (50 min)           | \$65 |

### MINERAL MAKE-UP

|                                   |       |
|-----------------------------------|-------|
| Ball                              | \$85  |
| Special Occasion                  | \$95  |
| Wedding (including trial session) | \$180 |

BODHI Value Package | Purchase six and receive seventh treatment free. Conditions apply.

No beauty treatments available at BODHI Injidup.

## BODHI TERMS & CONDITIONS

**ARRIVAL TIME:** Please arrive 15 minutes prior to your treatment start time to allow time for you to change and unwind. Arriving late will reduce treatment time, to ensure the next guest is not delayed.

**RESERVATIONS:** To ensure your preferred time and service is available we recommend booking in advance. Credit card details or gift voucher number are required at time of booking to secure your reservation.

**CONSULTATION:** Before your treatment your therapist will complete a quick medical questionnaire with you and discuss your needs, likes and dislikes, noting any areas of stress or discomfort. They will then adapt the treatment to suit your personal requirements. Our goal is to completely nurture you. If at any time you feel uncomfortable, too hot or too cold, would prefer a lighter, or stronger treatment, please let the therapist know.

**PUBLIC HOLIDAYS:** Please note a 15% surcharge applies on all treatments on public holidays, gift voucher redemptions included. Discounts/discount vouchers are not valid on these days.

**GIFT VOUCHERS:** Vouchers are valid for 36 months from the date of purchase. Lost/stolen vouchers cannot be reclaimed. To avoid disappointment, please note that to secure an appointment on a late evening or weekends/public holidays a minimum four weeks advance notice is generally required. Please note treatment options may vary between locations. We are happy to honour expired vouchers on the condition they are used on Monday to Friday between 9am and 6pm only. Please note that extra charges may apply if the price of the treatment has increased since the voucher expired.

**CANCELLATIONS:** If you are unable to make your appointment, we kindly request **24 hours** notice for all bookings scheduled Monday to Friday, and **48 hours** notice for all bookings scheduled on Saturdays, Sundays and Public Holidays to avoid full charges being applied to your cancelled treatment, including gift voucher bookings, which will then be deemed void.

**PAYMENTS:** BODHI accepts cash, American Express, EFTPOS, Mastercard and VISA. We regret we do not accept Diners Club or personal cheques.

**SECURITY:** We ask you to leave your valuables at home as we cannot take any responsibility for valuables left on the premises.

## BODHI TERMS & CONDITIONS

**SPA ETIQUETTE:** To ensure the comfort and relaxation of all guests, we ask that you keep noise to a bare minimum at all times and respect that the spa is a mobile phone and smoke free environment. Though we love children, they are not permitted in the treatment rooms or spa lounge areas and their attendance is discouraged.

### **PARKING:**

Cottesloe: free 2 and 4 hour parking options on Station Street.

Highgate: both free and metered parking is available on Pier Street.

Wembley: free parking is situated on Nanson and Grantham Street.

Westin: valet parking is available (charges apply) and metered parking is available next door to the hotel.

Injidup: free parking is available on the right-hand side of the car park.

**PREGNANCY:** It is important that you advise us your pregnancy when you make your booking. Some spa treatments may require you to be in your second trimester while others may not be suitable for pregnant guests.

**HEALTH CONDITIONS:** Please inform us at the time of booking of any medical or health conditions, allergies or injury, or if you are undergoing radiation or chemotherapy. We recommend that you discuss with your doctor which treatments are safe for you.

**GROUP BOOKINGS:** We are more than happy to host groups for birthday celebrations, hen parties and corporate groups. For groups of four or more we do require a 50% non-refundable deposit at the time of booking.

**DISCOUNTS:** Please be aware that discount vouchers cannot be used in conjunction with gift voucher redemptions. Discounts cannot be applied to our Spa Journey packages. No discounts can be applied to any services/treatments on Sundays and public holidays.

**MINIMUM AGE:** All guests must be a minimum of 18 years of age to use the spa facilities and services. Guests aged from 10 years may attend if accompanied by an adult.

**PRIVACY:** All personal information shared with BODHI will remain private and confidential.



**BODHI COTTESLOE**

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**BODHI HIGHGATE**

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**BODHI WEMBLEY**

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